## Updating models of change activity

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| **Strategy** | **Why might this appeal?** | **Examples from your work** | **Reflections** |
| Doing nothing | Watching and waiting, not rushing into quick fixes, places trust in our heritage, not seen by others as being reactive and hasty. |   |   |
| Modern heritage | Returning to the body-as machine, a very familiar professional identity with a long history in physiotherapy, easy to teach and market. |   |   |
| Renaissance | Rejecting the body-as machine entirely, rebuilding physiotherapy from the bottom up, radical and contemporary but a big departure from tradition. |   |   |
| Hybrid | The best of the old combined with the best of the new, all encompassing and comprehensive, but confused philosophy, unclear boundaries. |   |   |